



What is Suboxone?

Suboxone is a medication used to treat opiate abuse/ dependence. **Suboxone** attaches to the same sites in the brain that create the high people get from opiate drugs but without producing the same high. It is used to prevent, even stop withdrawal in its tracks and decrease craving. If the individual takes further opiate drugs, the attachment between **Suboxone** and the receptor site is so tight that it blocks the opiate from binding thus creating its effects, making these drugs useless.

Suboxone is a controlled substance and its use must be closely monitored by the prescribing physician, counselor and nurse. The first step to treatment with **Suboxone** is adjusting the individual's dose to maintain a therapeutic level that will control the person's symptoms, enabling them to function in a normal way without the use of opiates. While an individual is taking **Suboxone** it is recommended that they also maintain abstinence from other non-prescribed drugs and alcohol, as this combination can lead to overdose.

What is the Suboxone Program at Sutton Place?

Sutton Place has developed a program which provides all the needed services to assist the individual with maintaining abstinence from opiate drugs through the use of this medication. The program includes individual and group counseling services with a Licensed Mental Health Counselor and Certified Addictions Professional, medication management services are provided by the agency Psychiatrist, who is a certified **Suboxone** prescriber, and/ or psychiatric ARNP. Random drug screens will be used to assist the client in remaining accountable to themselves and drug free.

The Suboxone program is individualized for each person and includes the following:

The first 2 months of services include:

- 8 weekly group sessions
- 2-4 individual sessions
- A minimum of 6 medication management visits, Random Drug Screens.
- Cost: \$900
- private insurance will not cover the initial 2 month orientation period

Maintenance with continued therapy per month includes:

- 4 weekly group sessions
- 1-2 individual sessions

- 1-2 medication management visits, Random drug screens
 - Cost \$400 per month
- *most insurance accepted for these services

Maintenance without continued therapy

Medication Management visits only

- Cost \$100 per visit

*most insurance accepted for these services

If you are being prescribed medication by another doctor and wish to participate in counseling for Opiate Addiction, the program will include:

- 4 weekly group sessions
- 1-2 individual sessions
- Random Drug Screens
- Cost \$300 per month

**Medication is not included in these fees, and the client is responsible for acquiring their medication from their local pharmacy.

Why do I have to attend counseling for the first 2 months?

Counseling along with medication offers the best chance of success for recovery from addiction to opiates. The individual and group sessions provide you with an opportunity to learn new ways to cope with your life situation while also gaining support from peers.

Topics to be address in treatment are:

Understanding how the use of prescribed medication can lead to addiction

Communication Skills

Identifying and Combating Cravings and Relapse

Relationship Issues

Relaxation Skills and Stress Management

Anger Management and Coping w/ Negative Emotions

**If you miss your scheduled counseling or medical appointments you will not be allowed to make these up after the 2 or 1 month prepaid period and you run the risk of losing that service.

What if I have Private Insurance or Medicaid?

Medicaid will be accepted for all **Suboxone** services.

Private insurance will be accepted for maintenance services only. You are responsible for fees related to any service not covered by your insurance company. Private insurance clients must participate in the initial 2 month program in order to be eligible for the Maintenance Program.

What if I'm already on Suboxone?

If the individual comes from another physician or hospital where they have been receiving **Suboxone** Therapy they will be asked to choose from either the maintenance with therapy or maintenance without therapy programs.

To schedule an appointment call
Sutton Place Behavioral Health
1-904-225-8280 ext. 448

Sutton Place Behavioral Health has been accredited by CARF, The Rehabilitation Commission. It is funded by the State of Florida, Department of Children and Families, the Nassau County Board of Commissioners, The Department of Juvenile Justice and Drug Free Communities.