

# STARTING POINT

Behavioral Healthcare



## ANNUAL REPORT 2018-2019

Starting Point Behavioral Healthcare is a strong and vital part of our community. From our partnership with Baptist Health to our Mental Health Wristband Challenge, our last year has been devoted to increasing awareness and developing new ways to meet the mental health challenges of our community.

- New Rural Opioid Team project
- Mobile Response Team
- Mental Health First Aid program for First Responders
- 4 Community Conversations on critical mental health issues
- Community Impact Award with Baptist Medical Center Nassau for Care Coordination Program
- Accredited by CARF since 2000

**Thank you for your support of Starting Point.**

*Laureen Pagel*

Laureen Pagel, Ph.D  
CEO

### **MOBILE RESPONSE TEAM**

- Intervention and support for individuals experiencing a mental health crisis, including self injury and suicidal thoughts
- Partners with local law enforcement, Baptist Medical Center Nassau, schools, and other community agencies
- Responds quickly, stabilizes the individual and ensures a smooth transition of care
- Available 24/7 to adults 25 and younger

March 6 - June 30, 2019

**56** number of calls

**38** number of Baker Acts prevented



### **EDUCATING AND ENGAGING THE COMMUNITY**

- Hosted a series of 4 Community Conversations on suicide, digestive health, and opioids
- Hosted the premiere of the movie “Suicide: The Ripple Effect”
- Mental Health Wristband Challenge on social media to help reduce the stigma of mental illness

### **RURAL COMMUNITIES OPIOID RESPONSE PROGRAM**

- Joint project of Health Planning Council of Northeast Florida, St. Johns River Rural Health Network, the Department of Health and local stakeholders
- Develop solutions for prevention, treatment, and recovery of substance use disorder, including opioid use disorder
- Funding provided through a grant from the US Department of Health and Human Services

### **CARF ACCREDITATION**

- Accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) since 2000
- Accreditation recognizes excellent quality of programs

### **COMMUNITY IMPACT AWARD**

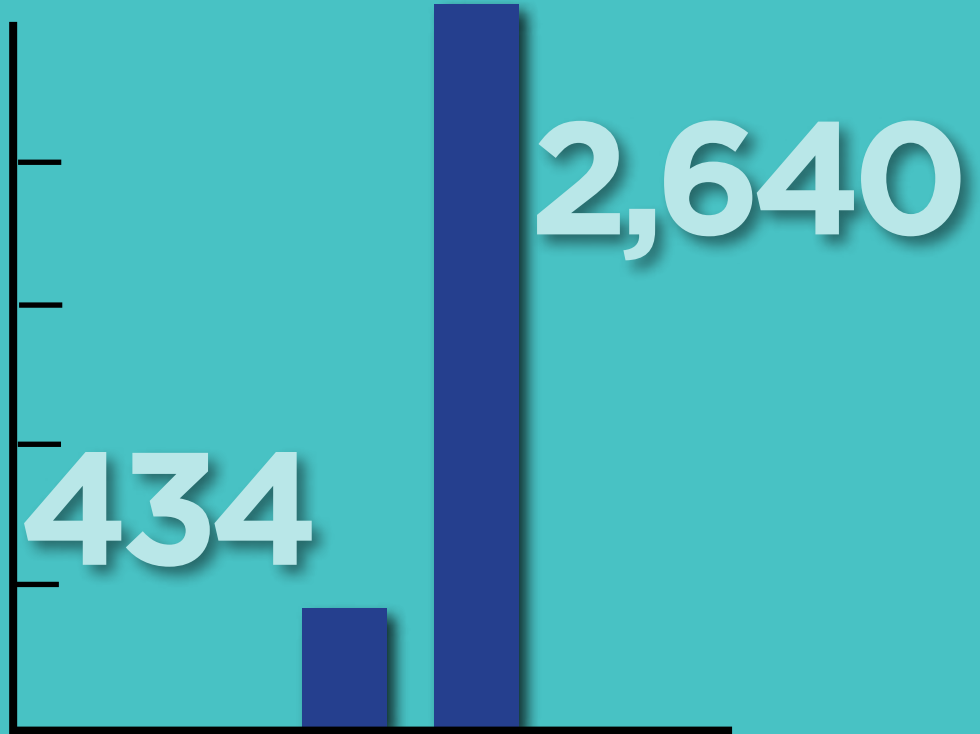
- Starting Point and Baptist Medical Center Nassau received a joint Community Impact Award from the Florida Hospital Association for the Care Coordination program
- A grant from Baptist Health enables Care Coordinators to work in the Emergency Department with patients who have a mental health or substance use disorder
- This practice reduces return visits to the Emergency Department by providing coordinated mental health and medical care after discharge

# SERVING OUR

## MENTAL HEALTH FIRST AID

Trainings expanded to include first responders

- 434 people graduated from Mental Health First Aid Training
- Total of 2,640 people trained in MHFA by Starting Point since 2014



# 3,965

NUMBER OF INDIVIDUALS AND FAMILIES SERVED

# 280

YOUTH SERVED IN SCHOOLS



TOTAL CLINICAL HOURS

# 110,641

# \$412,017

CHARITY CARE

# R COMMUNITY

## CARE COORDINATION

# 692

Referrals from Baptist Medical Center Nassau, Gateway and crisis units. Of these, 353 participated in an extended Care Coordination program.

# 9% recidivism

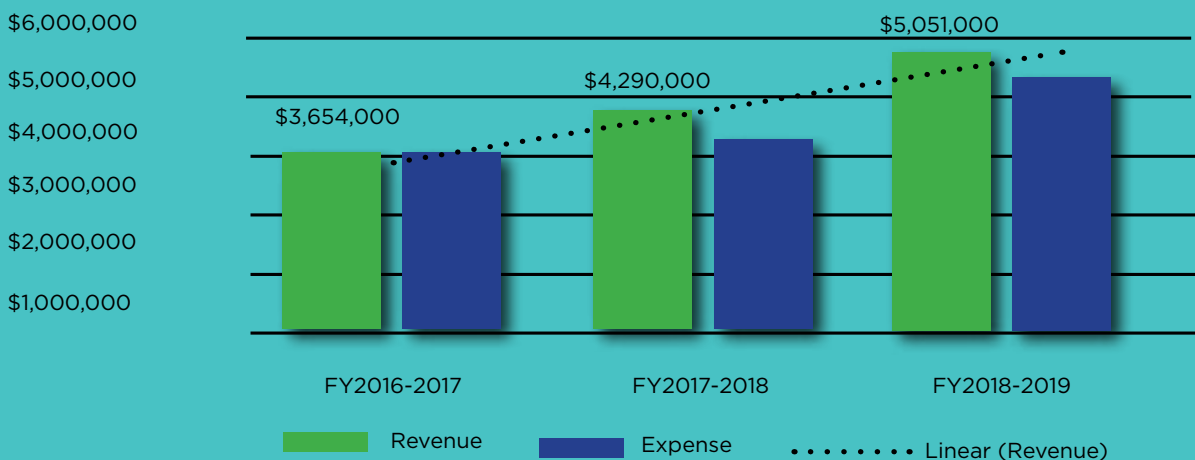
630 individuals did not have a repeat visit to one of the above facilities within 30 days after discharge.

## MEDICATION ASSISTED TREATMENT PROGRAM

# 192

Individuals and families served, making a positive impact on the opioid crisis in our community.

## FINANCIAL TREND



Fiscal Year	Revenue	Expense
FY2016-2017	\$3,654,000	\$3,558,000
FY2017-2018	\$4,290,000	\$4,074,000
FY2018-2019	\$5,051,000	\$4,704,000

# TESTIMONIALS

“Without Starting Point, I would still be in a terrible dark place. Starting Point has had a major impact on my life.” - MAT Client

“Thank you to everyone involved in my recovery. I am working, finishing up my probation, and working towards getting my license back. I also have a better relationship with my family.” - Care Coordination Client

“Several years ago, I was all but housebound - complex PTSD and Clinical Depression. I came to you... almost without hope. You all had a part in helping me find myself and recover. Thank you for my new life!”  
- Adult Mental Health Client

“I was a blubbering mess when I came into Starting Point. My therapist was wonderful, she made me do the hard stuff, but she also helped me get my voice back and find myself again.”  
- Therapy Client

“I want to thank you for all your hard work. You have saved the lives of many with what you do. I know he will need to learn to live and work on a daily basis without alcohol, to see it can be done. I believe he will emerge as a success story for you and all the many angels that make this possible. Words cannot express my gratitude.”  
- Family Member of Client Being Treated for Alcohol Dependency

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**Visit our website [SPBH.org](http://SPBH.org) for more information about our Partners, Sponsors and Donors.**

Starting Point Behavioral Healthcare is accredited by the Commission on Accreditation of Rehabilitation Facilities.





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Starting Point Behavioral Healthcare is an equal opportunity and drug free workplace and prohibits discrimination in all of its programs and activities on the basis of race, color, religion, national origin, gender, sexual orientation, marital status, age, veteran status, disability or genetic information.

If you are a person with a disability who needs any accommodation, you may contact the office of our ADA Coordinator, 463142 SR 200, Yulee, FL 32097; VOICE (904) 225-8280 x448; FAX (904) 225-9125 or EMAIL [adacoordinator@spbh.org](mailto:adacoordinator@spbh.org).